



Breaking Wind



The Newsletter of Frensham Pond Sailability

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IN THIS ISSUE

- 1 Welcome, Fitting Out Supper, New Boat Launch
- 1 Support Our Fund Raisers
- 2 Frensham crowned Club of the Year 2009 by RYA
- 2 Calendar of Events April – July
- 2 The Origin of Nautical Terms No.1
- 2 Comments & Contributions

Support Our Fund Raisers

Sailability helper Bob Cornwell competed in the Fleet half-marathon again this year on 15th March with a time just under 1hr 55mins, a great effort. All sponsorship money raised by Bob will be coming to FPS. If you click on <http://www.justgiving.com/bobcorn> you can still access Bob's Justgiving page.

If you click on <http://www.justgiving.com/justinmds2009> you will see details of another fundraising event where FPS is the beneficiary!! Justin Johansson is a near relative of FPS sailor, Jeremy O'Dwyer-Russell.

Justin is competing in the 2009 Marathon Des Sables - a multistage 151 mile ultra marathon event in the Sahara Desert. Incredible! The event started on 24th March. More details are given on Justin's JustGiving page.

It would be nice if both Bob & Justin had some support from Sailability members, so please have a look at the above pages and make a donation to one (or both?) of our heroes.

Welcome!

Welcome to the first edition of the FPS Newsletter, bringing club news and events direct to your mailbox.

As to the title, it's not quite what you might think. It is actually derived from scientific research into "microscale breaking wind waves". These induce aqueous surface layer flows which reduce drag on the boat. So breaking wind can make your boat go faster!

Fitting Out Supper 27th March

Always a good way to start to the season, good food, good wine, good company! The guest speaker this year is Rupert Emerson, author of the very entertaining book "Skippering Kipper". Tickets are selling fast, hurry!

Sailing starts 2nd April

After what seems like a very long cold winter, Spring is finally here and at last we can look forward to sailing, so put this date in your diary now.



Ice Walkers

Boat Launching 11th April

Two new Access 2.3's, June 2 and Janet 2, will be launched on Saturday 11th April. June 2 has been funded by Fleet Lions and Janet 2 by Coutts Bank. Our grateful thanks to both for their outstanding generosity.

Frensham Crowned RYA Club of the Year 2009

Frensham Pond Sailing Club were crowned RYA Club of the Year 2009 by Skandia Team GBR's 49er sailor Stevie Morrison today (March 7th) at the RYA Volvo Dinghy Show, Alexandra Palace London.

Jackie Bennetts, who coordinates the RYA Club of the Year Award explains; "Frensham Pond are really worthy winners of this award. They have a fantastic Sailability arm which they integrate seamlessly into all their other areas of training, racing, youth development and social events, all of which they run extremely well. They also work continuously hard to attract new sailors and link with new sections of the community making for a very rounded club indeed."

As well as taking home the RYA Club of the Year trophy and pennant Frensham Pond SC will also be put forward for the CCPR 'Sports Club of the Year' Award 2009. If they are successful in winning the award, they will win £6,000 to be spent on the club and its activities.



Club commodore John Townsley picked up Frensham's trophy and pennant ; "This is just fantastic, we're absolutely over the moon. This is for all the hard work the clubs membership and volunteers put into Frensham – thank you. We've had such a great year with our membership growing and a number of our members winning national championships. Winning the Club of the Year Award really rounds it up!"

CALENDAR OF EVENTS

APRIL - JULY

APRIL:

- 2ND - START OF SAILABILITY SAILING SEASON (AM & PM)
- 11TH - LAUNCHING OF NEW BOATS
- 16TH - DISABILITY CHALLENGERS VISIT
- 18TH - NO SAILABILITY SAILING (CADET OPEN MEETING)
- 25TH - FIRST ACCESS TT AT WHITEFRIARS SC
- 27-29TH - HELPER RYA LEVEL 1 COURSE

MAY:

- 6TH - ACCESS TT BURGFIELD
- 20TH - ACCESS TT NOTTS COUNTY

JUNE:

- 3RD - ACCESS TT CARSINGTON
- 6TH - FPSC OPEN DAY
- 6-7TH - 2.4 UK TIDAL NATIONALS WEYMOUTH
- 13TH - ACCESS TT SWARKSTONE
- 13-14TH - FRENHAM 2.4 OPEN MEETING
- 21ST - HEMIHELP SPORTS DAY
- 26-28TH - FRENCH ACCESS NATIONALS NANTES
- 27TH - FPSC 10 HOUR RACE & BBQ

JULY:

- 11-12TH - UK ACCESS NATIONALS PITSFORD
- 22ND - WOODLARKS VISIT
- 29TH - ACCESS TT WOOLVERSTONE
- 31ST - SAILABILITY SUMMER BBQ

The Origin of Nautical Terms No.1

Three Sheets to the Wind (meaning very drunk)

Sheets are of course the ropes attached to the lower corners of sails to hold them in place. If three sheets are loose and blowing about in the wind then the sails will flap and the boat will lurch about like a drunken sailor. Not something you will ever see at Frensham!

Comments & Contributions

If you have any comments on this newsletter or you would like to contribute an article or feature, we would really like to hear from you. Please contact Brian Grimwood email: brianmag@btinternet.com

or Peter Etherton email: peter.etherton@tiscali.co.uk

The summer issue will go out in July.